

WORKING AT HEIGHT PROCEDURES

The Work at Height Regulations specify that work at height should be avoided where practicable, but where it is required, such work is performed properly, that employees are trained and equipment provided & maintained. Further guidance is given in HSE Guidance Document INDG 401.

It is Company policy to avoid working at height wherever possible, but if such work is required, a suitable working platform, with guardrail and toe boards should be provided.

Ladders may be used but only when absolutely necessary; all must be checked regularly and before use, and must be secured, placed at the correct angle (1 in 4). They should be used for short time use only with personnel maintaining the '3 points of contact rule'. No lone use is permitted.

Note that the Regulations also apply whenever there is a danger of a fall from height, such as into a test or trial pit. In these situations, a task specific risk assessment and safe procedures and methods of work must be devised, and included within written Instructions where appropriate.